

From the Academic Coaching folks in the Academic Achievement Center!

What is the *difference between Academic Coaching and Tutoring Support*?

**Tutoring**, the more familiar of the terms, focuses on *content support*.

**Academic coaching** focuses on *academic skill development*. Academic Coaches work with students to develop themselves as learners so that they can be successful in any course, any semester. Put simply, tutoring focuses on *what* to learn, and academic coaching focuses on *how* to learn.

Both services can help prevent the academic distress. It is always a good idea to start with tutoring or coaching – or both – early in a semester. Don't wait until you are already behind, lost, and confused.



What Academic Coaching has to offer (see above too!):

- how to be successful online learners
- [Introduction to Academic Coaching video](#)
- our [intranet page](#) (you have to be logged into BSU to see this)
- [Online Student Support & Success site](#)

And... Academic Coaching appointments can be made on [Accudemia](#) (helpful how-to video provided [here](#)), with any of the 8 Academic Coaches (all BSU graduate students) on staff.

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[Make an Appointment with Me!](#)  
<https://bit.ly/AACAcademicCoaching>