



**2011 GOLF TDI MANUAL** SEE DEALER FOR DETAILS  
 \$345/mo MSRP \$22,810  
 36 Months - \$1,999.00 Due at Signing

**Fathers & Sons**  
 1-877-287-5194 434 Memorial Ave.  
 www.fathersandsonsvw.com West Springfield, MA

Sign in | Register for free

Sign in with Facebook

Site Search Search Local Business Listings

Search for keywords, people, locations, obituaries, Web ID and more...

Go

Brought to you by:



- Home News Weather Sports Entertainment Interact Jobs Autos Real Estate Rentals Classifieds Shopping
- News Bullying Business Crime Obituaries Opinion Photo Galleries Politics Republican State News US & World Videos

# The Republican.

- 14-Day Archive | Paid Archives
- Subscribe to the Print Edition
- Today's Paper & More

### LOCAL TOWN COVERAGE >>

- |                                 |                             |                                |
|---------------------------------|-----------------------------|--------------------------------|
| <a href="#">Agawam</a>          | <a href="#">Granby</a>      | <a href="#">Palmer</a>         |
| <a href="#">Amherst</a>         | <a href="#">Greenfield</a>  | <a href="#">South Hadley</a>   |
| <a href="#">Belchertown</a>     | <a href="#">Hadley</a>      | <a href="#">Southampton</a>    |
| <a href="#">Berkshires</a>      | <a href="#">Hampden</a>     | <a href="#">Southwick</a>      |
| <a href="#">Chicopee</a>        | <a href="#">Holyoke</a>     | <a href="#">Springfield</a>    |
| <a href="#">Deerfield</a>       | <a href="#">Longmeadow</a>  | <a href="#">Ware</a>           |
| <a href="#">E. Longmeadow</a>   | <a href="#">Ludlow</a>      | <a href="#">W. Springfield</a> |
| <a href="#">Easthampton</a>     | <a href="#">Monson</a>      | <a href="#">Westfield</a>      |
| <a href="#">Franklin County</a> | <a href="#">Northampton</a> | <a href="#">Wilbraham</a>      |

### NEWS >>

With The Republican.

### Browse by month:

Select a date

GO

## Bullying linked to Internet access

Tuesday, January 25, 2011  
By SUZANNE McLAUGHLIN  
smclaughlin@repub.com

WILBRAHAM - Parents who give their children cell phones to keep them safe need to be aware that a cell phone with Internet access and text messaging capability is a personal computer as well as a phone, cyber-bullying expert Elizabeth Englander said.

Englander, a psychology professor at Bridgewater State University, spoke to parents last week at Minnechaug Regional High School on preventing bullying and cyber-bullying and how parents can help their children achieve social success.

Englander said the problems children sometimes have with social networking usually disappear after about age 15.

She recommended that children who are given cell phones not be given text messaging and Internet access on the phones until high school.

Before a certain age children feel free to say bold things in print without realizing that what they say has consequences.

Englander said that 25 percent of students questioned say they have bullied someone online.

"Even nice kids will try this out," she said.

Most bullying that children experience is psychological bullying, Englander said. She said students who bully are attempting to raise their status within a group.

Parents with children who struggle socially should voluntarily host fun activities for other children and be willing to host other children at least through seventh grade.

This will help children who struggle to catch up with their peers, she said.

"Don't tolerate serious viciousness between siblings," she added.

She recommended that parents purchase software and tell their children they are going to monitor their conversations online and on their cell phones.

Children should be taught that nothing is private on social networking sites such as Facebook and that they should think before they print anything.

Electronics should be kept out of children's bedrooms so children do not use them when they are supposed to be sleeping, she said.

Englander said that many children have access to the Internet as young as third grade.

School Superintendent M. Martin O'Shea said there is a strong link between a child's social well being, his physical well being and student learning.

Signs that a child is struggling socially may include eating and sleeping disorders and stomach aches, Englander said.

### LINKS >>

#### Sections:

- 14-day Archive
- Business
- Politics
- Sports
- Health
- Entertainment
- Opinion
- Editorials
- Letters to the Editor
- Connect
- Pioneer Valley Life
- Engagements
- Graduations
- Prom
- Weddings
- Obituaries
- Photo Galleries
- Videos
- Weather

#### Daily Print Editions:

- All Editions
- Chicopee / Holyoke
- Hampshire / Franklin
- Metro East
- Metro West
- Springfield

#### Plus Print Editions:

- Chicopee Plus
- Holyoke Plus
- Metro East Plus
- Metro South Plus
- Metro West Plus
- Neighborhoods Plus

**SUPERGAME GIVEAWAY**

ENTER for your chance to WIN a FLAT SCREEN TV Plus a GAME DAY PARTY for 20

CLICK HERE FOR A SUPER GAME GIVEAWAY ENTRY FORM

ONE LUCKY READER WILL WIN A FLAT SCREEN TV PLUS A GAME DAY PARTY FOR 20 IN YOUR OWN HOME.

The Republican.

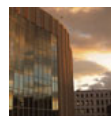
### DAILY PHOTOS >>



View photos from all around the Pioneer Valley!

MORE PHOTOS >>

### EDITORIALS >>



From The Republican:

- Editorial: Federal grants buy time to place Pioneer Valley's homeless
- Editorial: There's more than economics in U.S.-China dance

MORE EDITORIALS >>

### OBITUARIES >>



Celebrate a life and share your thoughts and precious memories in our online guestbook.

BROWSE OBIT LISTINGS >>

### SITE TOOLS

- E-mail page
- Print page
- Search site
- Newsletters
- RSS feeds
- Reddit
- Digg
- del.icio.us
- Google
- Yahoo

ONLINE ADS

Tapestry Health

Happy babies  
happy parents

FREE classes to learn soothing tips for new babies.

Sign up today and receive a free DVD, soothing sounds CD and blanket!  
413-297-2351

wic 413-586-2016  
TAPESTRYhealth.org

Online ad expires 1/31/2011

Westfield Vocational Technical High School

Westfield Vocational Technical High School  
Open House

Open House  
Saturday, January 22, 2011  
10:00 AM - 12:00 PM  
Westfield Vocational Technical High School  
100 Westfield Street  
Westfield, MA 01087

Available Offerings  
Accounting  
Business Administration  
Computer Science  
Culinary Arts  
Dental  
Early Childhood Education  
Graphic Design  
Health Services  
Information Systems  
Marketing  
Mechanical  
Nursing  
Paralegal  
Police Academy  
Public Safety  
Retail Management  
Sales  
Social Media  
Sustainable Design  
Transportation Management  
Welding

School of Programs  
Business Administration  
Computer Science  
Culinary Arts  
Dental  
Early Childhood Education  
Graphic Design  
Health Services  
Information Systems  
Marketing  
Mechanical  
Nursing  
Paralegal  
Police Academy  
Public Safety  
Retail Management  
Sales  
Social Media  
Sustainable Design  
Transportation Management  
Welding

Online ad expires 1/27/2011

Integrated Equity Services

INTEGRATED EQUITY SERVICES  
College Funding Specialists

EDMUND P. BREZNEK, CPA  
Financial Advisor  
121 Old Street  
New Bedford, MA 01908  
New Bedford Office  
Phone: 508-335-1171

www.integratedequityservices.com

Online ad expires 1/27/2011

View more ONLINE ADS >

Work At Home Jobs(Review)

We investigated work at home jobs and what we found may shock you...  
<http://www.hound.com/jobs/>

1 tip for a flat belly

Follow 1 bizarre tip and lose pounds of belly fat for free  
[eatcleandiet.com/news](http://eatcleandiet.com/news)

LEAKED: \$9 Car Insurance

Your Auto Insurer hates this. Car Insurance For Only \$9!  
[www.News9consumer.com](http://www.News9consumer.com)



ADVERTISEMENT

- [Let me be your real estate matchmaker.](#)
- [Relax & Unwind inviting rooms are just ahead! Comfort Inns & Hampton Inns](#)
- [QNYX Restaurant – Western New England's awarding Winning Restaurant & Bar!](#)
- [Valley Chiropractic & Rehabilitation serving Holyoke for over 30 years.](#)

Site Search Search Local Business Listings

Search by keyword, town name, Web ID and more...



Site Index | Advertise | Contact us

Make us your home page

Home | News | Weather | Sports | Entertainment | Interact | Living | Jobs | Autos | Real Estate | Rentals | Classified Ads | Shopping | Place an Ad

- Your Photos
- Your Videos
- Blogs
- Forums
- Travel
- Music

- Post a job
- Post a free classified ad
- Sell your car
- Sell/Rent your home
- Apartments & Rentals
- Claim your Business Listing for free

- Obituaries
- Red Sox
- High School Sports
- Newsletters
- Weather
- Television

- Subscribe to our content (RSS)
- MassLive.com on Facebook
- MassLive.com on Twitter
- MassLive.com News Widgets
- View MassLive.com mobile site
- View mobile product offerings



Subscribe to **The Republican** today and get incredible savings off home delivery! [Subscribe Now](#) | [Press Pass](#)

© 2011 MassLive LLC. All Rights Reserved. [About Us](#). Use of this site constitutes acceptance of our [User Agreement](#). Please read our [Privacy Policy](#). [Community Rules](#) apply to all content you upload or otherwise submit to this site. [Contact interactivity management](#).